

**2019 NOVEMBER  
MIDDLE SCHOOL SCHOOL LUNCH MENU**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>October 28th</b>  No School	<b>October 29th</b> Beef Meatball Sub  <b>International Cuisine:</b> Chicken or Southwest Bean Burrito bowl Cilantro Lime Rice  Oven Baked Fries Grapes Salad Bar	<b>October 30th</b> Breaded Chicken Drumstick School Made Dinner Roll <b>International Cuisine:</b> Cheese Tamale Southwest Rice Refried Beans Mashed Potatoes and Gravy Cantaloupe Salad Bar	<b>October 31st</b> Beef BBQ Rib Sandwich  <b>International Cuisine:</b> Chicken or Refried Bean Taco Southwest Rice  Savory Green Beans and Onions Watermelon Salad Bar	<b>Nov 1st</b> Italian Dunkers Cheese Bread and Marinara Sauce  <b>International Cuisine:</b> Shredded Beef or Southwest Bean Burrito Bowl Cilantro Lime Rice  Honey Roasted Carrots Apple Salad Bar
<b>4</b> Turkey Corn Dog  <b>International Cuisine:</b> Penne Alfredo w/Italian Chicken Sausage  California Blend Vegetables Apple Salad Bar	<b>5</b> BBQ Pulled Pork Sandwich  <b>International Cuisine:</b> Rotini with Beef Meat Sauce  Breadstick Roasted Zucchini w/ Herbs Grapes Coleslaw Salad Bar	<b>6</b> Chicken Tenders School Made Dinner Roll <b>International Cuisine:</b> Cheese or Turkey Pepperoni Pizza  Mashed Potatoes w/ Gravy Honeydew Salad Bar	<b>7</b> Grilled Cheese Sandwich and Tomato Soup  <b>International Cuisine:</b> Rotini and Beef Meatballs in Marinara Sauce Breadstick Roasted Broccoli Pineapple Salad Bar	<b>8</b> Beef Cheeseburger  <b>International Cuisine:</b> Penne Alfredo w/Chicken  Baked Sweet Potato Fries Oranges Salad Bar
<b>11</b> Beef Hotdog Baked Beans  <b>International Cuisine:</b> Orange Chicken Fried Rice  Ginger Stir Fry Vegetables Kiwi Salad Bar	<b>12</b> Chicken Sandwich  <b>International Cuisine:</b> Kung Pao Chicken White Rice Vegetable Egg Roll Roasted Cauliflower w/ Soy Sauce Strawberries Salad Bar	<b>13</b> "Brunch for Lunch" Pancakes Chicken Sausage <b>International Cuisine:</b> General Tso Chicken Fried Rice  Hash Brown Patty Cantaloupe and Orange Juice Cup Salad Bar	<b>14</b> Chicken Ranch Salad Breadstick  <b>International Cuisine:</b> Korean BBQ Beef White Rice Vegetable Egg Roll Roasted Sweet Potatoes Apple Salad Bar	<b>15</b> Cheese or Turkey Pepperoni Pizza  <b>International Cuisine:</b> Sweet and Sour Chicken Fried Rice  Buttered Corn Oranges Salad Bar
<b>18</b> Macaroni and Cheese with Chipotle Pork  <b>International Cuisine:</b> Beef or Refried Bean Taco Southwest Rice  Potato Crunch Broccoli Oranges Salad Bar	<b>19</b> Beef Meatball Sub  <b>International Cuisine:</b> Chicken or Southwest Bean Burrito bowl Cilantro Lime Rice  Oven Baked Fries Grapes Salad Bar	<b>20</b> Turkey and Gravy School Made Dinner Roll <b>International Cuisine:</b> Cheese Tamale Southwest Rice  Buttered Corn Mashed Potatoes and Gravy Cantaloupe Salad Bar Pumpkin Bar	<b>21</b> Beef BBQ Rib Sandwich  <b>International Cuisine:</b> Chicken or Refried Bean Taco Southwest Rice  Savory Green Beans and Onions Watermelon Potato Salad Salad Bar	<b>22</b> Italian Dunkers Cheese Bread and Marinara Sauce  <b>International Cuisine:</b> Shredded Beef or Southwest Bean Burrito Bowl Cilantro Lime Rice  Honey Roasted Carrots Apple Salad Bar
<b>25</b> Turkey Corn Dog  <b>International Cuisine:</b> Penne Alfredo w/Italian Chicken Sausage  California Blend Vegetables Apple Salad Bar	<b>26</b> BBQ Pulled Pork Sandwich  <b>International Cuisine:</b> Rotini with Beef Meat Sauce  Breadstick Roasted Zucchini w/ Herbs Grapes Salad Bar	<b>27</b> No School	<b>28</b> No School	<b>29</b> No School

**OFFERED DAILY:**

Peanut Butter or Sun Butter and Jelly sandwich with a cheese stick  
 Grab-N- Go Line- Assorted Salads, Sandwiches, and Yogurt Parfaits.  
 Ala carte- Additional items will be offered daily.

This institution is an equal opportunity provider.