

**2019 NOVEMBER  
HIGH SCHOOL SCHOOL LUNCH MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center"><b>October 28th</b></p> <p align="center"><b>No School</b></p>	<p align="center"><b>October 29th</b></p> <p align="center">Beef Meatball Sub</p> <p align="center"><b>International Cuisine:</b> Chicken or Southwest Bean Burrito bowl Cilantro Lime Rice</p> <p align="center">Grill Line Oven Baked Fries Grapes Salad Bar</p>	<p align="center"><b>October 30th</b></p> <p align="center">Breaded Chicken Drumstick</p> <p align="center">School Made Dinner Roll</p> <p align="center"><b>International Cuisine:</b> Cheese Tamale</p> <p align="center">Southwest Rice Refried Beans Grill Line Mashed Potatoes and Gravy Cantaloupe Salad Bar</p>	<p align="center"><b>October 31st</b></p> <p align="center">Beef BBQ Rib Sandwich</p> <p align="center"><b>International Cuisine:</b> Chicken or Refried Bean Taco</p> <p align="center">Southwest Rice</p> <p align="center">Grill Line Savory Green Beans and Onions Watermelon Salad Bar</p>	<p align="center"><b>Nov 1st</b></p> <p align="center">Italian Dunkers Cheese Bread and Marinara Sauce</p> <p align="center"><b>International Cuisine:</b> Shredded Beef or Southwest Bean Burrito Bowl Cilantro Lime Rice</p> <p align="center">Grill Line Honey Roasted Carrots Apple Salad Bar</p>
<p align="center"><b>4</b></p> <p align="center">Beef and Gravy with Mashed Potatoes School Made Dinner Roll</p> <p align="center"><b>International Cuisine:</b> Penne Alfredo w/Italian Chicken Sausage Breadstick Grill Line</p> <p align="center">California Blend Vegetables Apple Salad Bar</p>	<p align="center"><b>5</b></p> <p align="center">BBQ Pulled Pork Sandwich</p> <p align="center"><b>International Cuisine:</b> Rotini with Beef Meat Sauce</p> <p align="center">Breadstick Grill Line</p> <p align="center">Roasted Zucchini w/ Herbs Grapes Coleslaw Salad Bar</p>	<p align="center"><b>6</b></p> <p align="center">Chicken Tenders</p> <p align="center">School Made Dinner Roll</p> <p align="center"><b>International Cuisine:</b> Cheese or Turkey Pepperoni Pizza</p> <p align="center">Grill Line</p> <p align="center">Mashed Potatoes w/ Gravy Honeydew Salad Bar</p>	<p align="center"><b>7</b></p> <p align="center">"The Whaler" Fish Sandwich</p> <p align="center"><b>International Cuisine:</b> Rotini and Beef Meatballs in Marinara Sauce Breadstick Grill Line</p> <p align="center">Roasted Broccoli Pineapple Salad Bar</p>	<p align="center"><b>8</b></p> <p align="center">Beef "Philly Steak" Sandwich</p> <p align="center"><b>International Cuisine:</b> Penne Alfredo w/Chicken</p> <p align="center">Breadstick Grill Line</p> <p align="center">Baked Sweet Potato Fries Oranges Salad Bar</p>
<p align="center"><b>11</b></p> <p align="center">Fish Taco</p> <p align="center"><b>International Cuisine:</b> Orange Chicken Fried Rice</p> <p align="center">Grill Line Ginger Stir Fry Vegetables Kiwi Salad Bar</p>	<p align="center"><b>12</b></p> <p align="center">Chicken Sandwich</p> <p align="center"><b>International Cuisine:</b> Kung Pao Chicken White Rice Vegetable Egg Roll Grill Line</p> <p align="center">Roasted Cauliflower w/ Soy Sauce Strawberries Salad Bar</p>	<p align="center"><b>13</b></p> <p align="center">"Brunch for Lunch" Pancakes Chicken Sausage</p> <p align="center"><b>International Cuisine:</b> General Tso Chicken Fried Rice</p> <p align="center">Grill Line Hash Brown Patty Cantaloupe and Orange Juice Cup Salad Bar</p>	<p align="center"><b>14</b></p> <p align="center">Chicken Ranch Salad Breadstick</p> <p align="center"><b>International Cuisine:</b> Korean BBQ Beef White Rice Vegetable Egg Roll Grill Line</p> <p align="center">Roasted Sweet Potatoes Apple Salad Bar</p>	<p align="center"><b>15</b></p> <p align="center">Cheese or Turkey Pepperoni Pizza</p> <p align="center"><b>International Cuisine:</b> Sweet and Sour Chicken Fried Rice</p> <p align="center">Grill Line Buttered Corn Oranges Salad Bar</p>
<p align="center"><b>18</b></p> <p align="center">Macaroni and Cheese with Chipotle Pork</p> <p align="center"><b>International Cuisine:</b> Beef or Refried Bean Taco</p> <p align="center">Southwest Rice</p> <p align="center">Grill Line</p> <p align="center">Potato Crunch Broccoli Oranges Salad Bar</p>	<p align="center"><b>19</b></p> <p align="center">Beef Meatball Sub</p> <p align="center"><b>International Cuisine:</b> Chicken or Southwest Bean Burrito bowl Cilantro Lime Rice</p> <p align="center">Grill Line</p> <p align="center">Oven Baked Fries Grapes Salad Bar</p>	<p align="center"><b>20</b></p> <p align="center">Turkey and Gravy</p> <p align="center">School Made Dinner Roll</p> <p align="center"><b>International Cuisine:</b> Cheese Tamale</p> <p align="center">Southwest Rice Refried Beans Grill Line Buttered Corn Mashed Potatoes and Gravy Cantaloupe Salad Bar Pumpkin Bar</p>	<p align="center"><b>21</b></p> <p align="center">Beef BBQ Rib Sandwich</p> <p align="center"><b>International Cuisine:</b> Chicken or Refried Bean Taco</p> <p align="center">Southwest Rice</p> <p align="center">Grill Line</p> <p align="center">Savory Green Beans and Onions Watermelon Potato Salad Salad Bar</p>	<p align="center"><b>22</b></p> <p align="center">Italian Dunkers Cheese Bread and Marinara Sauce</p> <p align="center"><b>International Cuisine:</b> Shredded Beef or Southwest Bean Burrito Bowl Cilantro Lime Rice</p> <p align="center">Grill Line</p> <p align="center">Honey Roasted Carrots Apple Salad Bar</p>
<p align="center"><b>25</b></p> <p align="center">Chicken and Gravy with Mashed Potatoes School Made Dinner Roll</p> <p align="center"><b>International Cuisine:</b> Penne Alfredo w/Italian Chicken Sausage Breadstick Grill Line</p> <p align="center">California Blend Vegetables Apple Salad Bar</p>	<p align="center"><b>26</b></p> <p align="center">BBQ Pulled Pork Sandwich</p> <p align="center"><b>International Cuisine:</b> Rotini with Beef Meat Sauce</p> <p align="center">Breadstick Grill Line</p> <p align="center">Roasted Zucchini w/ Herbs Grapes Salad Bar</p>	<p align="center"><b>27</b></p> <p align="center"><b>No School</b></p>	<p align="center"><b>28</b></p> <p align="center"><b>No School</b></p>	<p align="center"><b>29</b></p> <p align="center"><b>No School</b></p>

**OFFERED DAILY:**  
Grill line with Hamburgers, Black Bean Burgers and Fries. Schools may also offer Beef Hot Dogs and Grilled Chicken. (Not available at OALC and OEC)  
Peanut Butter or Sun Butter and Jelly sandwich with a cheese stick  
Grab-N- Go Line- Assorted Salads, Sandwiches, and Yogurt Parfaits.  
Ala Carte items will be offered daily.

This institution is an equal opportunity provider.