

Kidstop Snack Cycle

MONDAY

1st and 3rd week of
the month

4 Oz. Yogurt Cup
Fruit Choice
Snack Crackers
Milk Choice & Water

TUESDAY

Baby Carrots
Cheese Stick
Juice Box & Water

WEDNESDAY

Popcorn
Raisins OR Craisins
Milk Choice & Water

THURSDAY

Fresh Apple Slices
Sun Butter
Milk Choice & Water

FRIDAY

Fresh Veggie Sticks
Dipping Sauce
Pretzels
Milk Choice & Water

MONDAY

2nd and 4th week of
the month

Fresh Veggie Sticks
with Dipping Sauce
Hard Cooked Egg
Milk Choice & Water

TUESDAY

4oz Yogurt Cup
WG Bread Choice
Juice Box & Water

WEDNESDAY

Fresh Veggie Sticks
w/ Dipping Sauce
Whole Grain Cheese-Its
Milk Choice / Water

THURSDAY

Cheese Stick
Fruit Choice
Snack Crackers
Milk Choice & Water

FRIDAY

Sun Chip Snack Mix
Raisins OR Craisins
Milk Choice / Water

Menu subject to change with availability.

Note: Water fountains are also easily accessible.